

COVID-19 Guidelines for DKSM String Ensembles Fall 2020

**These guidelines have been carefully prepared for the safety of the musicians and families in the DKSM community, as well as the safety of the most vulnerable members of our local communities. We see the inconveniences that these measures will cause, and know the disappointment and grief that can arise when these safety measures stand in the way of our ability to connect as a community. We look forward to the day when these measures can be safely repealed, and will carefully monitor the COVID-19 situation for such a time. If you have concerns about these measures at any point, please don't hesitate to contact us at kayla.dksm@gmail.com; we value your feedback.

Masks

Non-medical masks or facial coverings must be worn at all times when in the rehearsal building. Only remove your mask to drink water as necessary; do not pull down your mask when talking to others.

If wearing a mask is not possible for you for medical/emotional/psychological reasons or given the age/tolerances of younger children, please contact DKSM administrative staff before the first rehearsal.

Distancing

Musicians must stay 2 metres apart at all times while in the building.

Musicians will be asked to wait outside/in your cars until 5 minutes before rehearsal begins.

Once in the building, musicians must go straight to their designated chair; the 2 metre distance between chairs will allow musicians to open and store instrument cases with them at their seat.

Parents/Caregivers and Families

Unfortunately, family members and caregivers are discouraged from waiting inside the building during the rehearsal. Caregivers/families travelling from a distance who have no other option but to wait inside will be required to inform Kayla at kayla.dksm@gmail.com at least one day in advance, and a socially distanced space will then be set up for you to sit in during the rehearsal. Caregivers/family members who have not notified us ahead of time will be asked not to enter the building.

An exception to this is for very young students in the Twinkler and Allegro groups

Entrances/Exits

Separate entrance and exit doors will be designated, and must be used exclusively.

Lingering around entrances and exits will not be permitted. More details regarding the designated entrance/exits for your group will be sent out before the first rehearsal.

Bathrooms

Bathrooms occupancy is limited to one person at a time, according to the churches' safety protocols. If you enter a bathroom and notice it is occupied, please exit and wait until it is vacant to re-enter.

Sanitation

Hand sanitizer will be available at the entrance, and must be applied by all upon entering the building. You can expect that chairs, stands and high-touch areas have been sanitized between groups.

Self-Screening

Musicians and any accompanying parents/caregivers are required to use the self-screening tool below before attending rehearsals, and to refrain from attending if symptomatic. Please air on the side of caution. We also request musicians to refrain from attending if they are known to have recently been in close contact with anyone tested for COVID or exhibiting symptoms.

Travel

Students who have travelled outside of Manitoba are asked to refrain from attending rehearsals for 14 days after their return to Manitoba.

Reminder

You can expect to be reminded about these guidelines by your director or a volunteer (e.g. asked if you have sanitized your hands, reminded to put your mask up over your nose, asked to move apart from someone to maintain social distancing, etc.)

Though you may feel frustrated at times with the inconvenience of these guidelines, do not take this out on the person reminding you! They did not make the rules, they have simply been asked to carry them out by the DKSM board. Any questions or concerns can be sent to kayla.dksm@gmail.com.

Self Screening Tool:

Novel Coronavirus Screening Tool for Public Health and Health Links

Purpose: this tool is intended to assist with calls from the community about novel coronavirus (COVID-19), specifically to determine if a caller should be investigated for COVID-19.

This screening tool is intended to supplement clinical judgement, not supersede it.

Disease information: COVID-19 management protocol and information available at: <https://www.gov.mb.ca/health/publichealth/diseases/coronavirus.html>

Risk Assessment: Initial Screening Questions

	A. Do you have new onset of any of the below symptoms?		
	• Fever > 38°C or subjective fever/ chills	Yes	No
	• Cough	Yes	No
	• Sore throat/ hoarse voice	Yes	No
	• Shortness of breath/breathing difficulties	Yes	No
	• Loss of taste or smell	Yes	No
	• Vomiting, or diarrhea for more than 24 hours	Yes	No
	• Poor feeding if an infant	Yes	No
	B. Do you have new onset of 2 or more of any of the below symptoms?		
	• Runny nose	Yes	No
	• Muscle aches	Yes	No
	• Fatigue	Yes	No
	• Conjunctivitis	Yes	No
	• Headache	Yes	No
	• Skin rash of unknown cause	Yes	No
	• Nausea or loss of appetite	Yes	No
If screen positive for one symptom listed in A or two symptoms in B, consider symptomatic.			
1.	Have you been in contact in the last 14 days with someone that is confirmed to have COVID-19?	Yes	No
2.	Have you had laboratory exposure while working directly with specimens known to contain COVID-19?	Yes	No
3.	Have you been in a setting in the last 14 days that has been identified as a risk for acquiring COVID-19, such as on a flight, at a workplace or an event?	Yes	No
4.	Have you travelled outside of Manitoba in the last 14 days, excluding personal travel to border communities?	Yes	No
5.	If symptomatic: Do you or the person you are inquiring about have a chronic health condition that you are concerned about?	Yes	No
6.	If no exposures, follow advice based on presence or absence of symptoms.		

Advice:

- If symptomatic and yes to 1. Have you been in contact in the last 14 days with someone that is confirmed to have COVID-19?
 - If HCW, refer to occupational health

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